



NUTRITION

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YOUR MONTHLY MEMBER NEWSLETTER

ASN Nutrition Notes
Monthly Member
e-Newsletter

January 2018
Edition

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Last Call: Submit Nutrition 2018 Abstracts Today!

Thank you for submitting your research by the **January 18 deadline!** Please keep in mind:

- If you're a student or early career professional, consider applying for up to \$1,800 in travel support through the [FASEB Mentored Poster/Platform Presenter Travel Awards](#) by May 8.
- Numerous other travel award opportunities are available. [Click here for details.](#)
- Compete for ILSI North America Research Design Competition. Submit your research design to integrate more safety measures in research on dietary bioactives. [Click here for details.](#)
- Except for abstracts submitted for protocols and methods (category 097), all abstracts must include study results. Omission of study results may result in a rejected abstract.
- Accepted abstracts will be published in **Current Developments in Nutrition**, ASN's new open access journal.
- **There is no late-breaking round of submissions.** Submit your research by the **1/18 deadline.**

Please visit the [Nutrition 2018 abstract submission website](#) for more details. Submit by January 18 to take part in ASN's inaugural Nutrition 2018 and be part of history!

Nutrition 2018 - Registration

Registration and housing for Nutrition 2018 will open this month! Not only that, [Nutrition 2018](#) is even more affordable than last year!

ASN will offer a selection of hotels within walking distance of the Hynes Convention Center. The hotels offer a variety of amenities and range in rate from \$199 to \$289. Make plans now to register and book your hotel early for the best rate and selection!

Be sure your membership is up to-date (Your membership log-in is your Email Address and ASN Member Number). If you need to reset your password, contact mem@nutrition.org. Members will automatically receive the best rate for which they are qualified when you log-in to register.



JUNE 9-12, 2018 | HYNES CONVENTION CENTER, BOSTON, MA

	<u>Early</u> On or Before March 9	<u>Advance</u> On or Before April 27	<u>Full</u> After April 27
ASN Member			
Member	\$400	\$500	\$575
Early Career Member	\$275	\$330	\$380
Student Member	\$70	\$85	\$100
Emeritus Member	\$125	\$150	\$175
1-Day Member	\$250	\$275	\$300
ASN Nonmember			
Nonmember	\$600	\$700	\$775
Nonmember PLUS Membership	\$625	\$700	\$775
EarlyCareer Nonmembers*	\$375	\$430	\$480
Student Nonmember*	\$120	\$130	\$175
1-Day Nonmember	\$350	\$375	\$400
Exhibit Hall			
Exhibit Pass	\$250	\$300	\$400

Discover and Connect at The Hub @ Nutrition 2018

Our expo hall – [The Hub @ Nutrition 2018](#) – will feature exhibits, posters, a science briefing stage, a poster theatre, places to meet up, [ASN Live!](#) and more. It is also the site of our opening night reception on Saturday, June 9 and the place to grab lunch (on us!) on Sunday and Monday.

We welcome our inaugural exhibitors to [The Hub](#):

- American Institute for Cancer Research
- American Pulse Association
- Biofortis/ Merieux NutriSciences
- Bio-Serv
- Canned Food Alliance
- Columbus Instruments
- Collegiate and Professional Sports Dietitians Association
- DanoneWave
- Elsevier
- Functional Formularies
- Nestlé Nutrition Institute
- Oxford University Press
- Research Diets

To claim your spot, contact [Deanne Rockola Altman](#) or [visit our website](#). If you are a company, institution or other group that would like to learn more, join us for a Nutrition 2018 preview. [Details](#).

FASEB Support: Up to \$1,850 in Travel Funding Available

FASEB is partnering with ASN to provide Nutrition 2018 Mentored Poster/Platform Presenter Awards.

- Consider applying for these awards if you are:
 - A full-time undergraduate/graduate/medical student or postdoctoral/clinical trainee fellow at an accredited educational institution in the U.S. ; AND a
 - U.S. citizens or permanent residents of the U.S.
- Preference for awards is given to members of FASEB societies, including ASN. While FASEB and NIH encourages students and postdocs from groups underrepresented in the biomedical, clinical and behavioral sciences to apply, preference is not given to these individuals.
- Awardees cannot accept funding from any other sponsoring organization. Therefore, while you may still apply for and compete in ASN student competitions, you may not receive additional ASN funding. Though, if you win an ASN competition, you can still honor to post on your CV.
- Award funds up to \$1,850 in related expenses including airfare, hotel, ground transportation and meeting registration.
- To be considered, **you must submit an abstract by the January 18, 2018** deadline and complete the award application by May 8, 2018. For more details, [click here](#).

Governance Task Force Webinar: Open until February 12

ASN members are invited to view the recommendations of the Governance Task Force and submit feedback

online by February 12. Issues include:

1. Strengthening ASN governance
2. Updating roles of councils, committees, and RISs
3. Standardizing and simplifying processes for all member groups.

View the [webinar](#) and background information at nutrition.org/governance. Members who provide feedback by February 12 will be entered into a drawing to receive a free registration to Nutrition 2018 – which can be used for yourself or gifted to an ASN non-member!

Understanding Nutritional Science Video Competition Launched



The [Understanding Nutritional Science competition](#) promotes the creation of short videos that will ultimately help the lay public to better understand and evaluate hot topics in nutrition science. Open to ASN members only: undergraduate and graduate students, postdoctoral trainees, medical interns, residents, or fellows, and early career professionals. The deadline to enter is **February 28, 2018**. Learn more, including rules and guidelines for entry, here: nutrition.org/contest

More Public Affairs
News

[All of Us Wants Your Nutrition Ideas!](#)

Are you interested in helping researchers understand more about why people get sick or stay healthy? If so, the National Institutes of Health (NIH) needs [your nutrition research ideas](#) to help make the [All of Us Research Program](#) the best resource it can be to support future research. *Click on "More Public Affairs News" for details.*

ASN Vision 2028

See [highlights of the Vision 2028 Summit](#). Watch *ASN Nutrition Notes* and the ASN Website for additional updates this spring from the Strategic Oversight Committee as the process moves forward. Your input will be incredibly valuable towards designing our future. Plan to attend [Nutrition 2018](#) to review and provide feedback!

**Show your Support:
Give to the ASN
Foundation!**



Support from ASN's members makes the efforts of the [ASN Foundation](#) possible, and there is no better time to express our warmest thanks for your continued involvement and support than the present. Please join the other ASN members who are generously providing funding needed to keep our momentum going strong into 2018. **Can we count on your support of the ASN Foundation?**



Young Investigator Grant
for
Probiotics Research

The Global Probiotics Council (GPC), established in 2004 by Danone Nutricia Research and Yakult Honsha Co., Ltd., announced the 11th annual Young Investigator Grant for Probiotics Research (YIGPRO).

The Council is offering two grants in the amount of \$50,000 each for 2018 to support new research on probiotics and gastrointestinal microbiota in the U.S. Young Investigators committed to basic research on gastrointestinal microbiota, probiotics and their role in health and wellness should apply. All of the information is posted on the website: www.probioticsresearch.com

ILSI North America's Research Design Competition: Pitch Your Ideas at NUTRITION 2018 and Compete for Prizes

Non-essential bioactive dietary components hold promise for helping maintain optimal health and reducing risk of chronic disease. Recommended intakes should have solid evidence of safe use at efficacious levels. ILSI North America is sponsoring a competition for teams to [pitch research designs](#) to integrate more safety measures in research with the primary purpose of testing efficacy of dietary bioactives. Details for submitting your abstract, [available here](#). **Abstracts are due January 18, 2018.**

Going Up? 2nd Elevator Pitch Contest Hosted by Sight and Life

Finalists Win a Trip to Nutrition 2018!

What you need to know:

- Sight and Life's Elevator Pitch Contest is a competition among innovators to identify and support projects that have a high potential to be implemented and produce a meaningful impact in nutrition assessment.
- Whether a cutting-edge product, service, technology or application, the innovation needs to advance and improve the existing approaches to nutrition assessment.
- The contest is open to students and those working on a PhD or in a post-doctoral fellowship.
- Finalists will win a trip (flight, accommodations) to Nutrition 2018 to pitch their idea to a panel of experts and potential investors. Winners will receive a cash award of up to \$2,000 USD.
- Deadline for submissions is January 31, 2018. Details: www.elevator-pitch-contest.org/



elevator pitch contest

Do you have a **DISRUPTIVE SOLUTION** in **NUTRITION ASSESSMENT?**

calling all students!
cash prizes and more!

APPLY BY
January 31, 2018
elevator-pitch-contest.org

sightandlife ASN NUTRITION 2018

New ASN Journal Websites on OUP Platform

The January 2018 issues of ASN journals will be published on the new Oxford University Press platform. You can continue to use your bookmarks to our current journal sites, and there will be a message on the screen that directs you to the latest issues. Once the transition is complete in late January, the current sites will automatically redirect you to the new location on the OUP platform.

Members who are not using an institutional subscription will be prompted to login to ASN's member dashboard to gain access to journal content. Once logged into the member dashboard on the ASN website, members will have access to all journal content. If you need to reset your ASN member password, please contact mem@nutrition.org.

The February 2018 issue of *ASN Nutrition Notes* will include more information on the journal sites and on how to access content via the member page on the ASN website.

ASN Journal Submissions on Editorial Manager

Beginning on February 1, 2018, ASN Journals will receive all new manuscript submissions via the new Editorial Manager sites. Editorial Manager allows for rapid submission of original and revised manuscripts, and facilitates the review process and internal communication between authors, editors, and reviewers via a web-based platform. Review and revision of papers already in BenchPress will continue in that system for a limited period of time. Look for more information coming soon on *ASN Nutrition Notes*.

Interview with Jack Odle, Ph.D., William Neal Reynolds Distinguished Professor in the Department of Animal Science at North Carolina State University and Editor-in-Chief of Current Developments in Nutrition.

Dr. Odle received his Ph.D. in Nutritional Biochemistry from the University of Wisconsin in 1989. He was an Assistant Professor at the University of Illinois until 1995 and then joined the Department of Animal Science at North Carolina State University, where he was named William Neal Reynolds Distinguished Professor in 2005. He has served as Counselor for the American Society for Nutrition (2005-08), Associate Editor for *The Journal of Nutrition* (1999-2005) and Associate Editor for *Advances in Nutrition* (2010-16). Dr. Odle received the New Frontiers in Animal Nutrition Award from the Federation of Animal Science Societies in 2014 and he currently serves as Editor-In-Chief for *Current Developments in Nutrition*, ASN's full open access journal launched in January 2017.



1. How did you first get involved in nutritional biochemistry and research? What made you interested in the field of nutrition science?

My interests in nutrition and in research were seeded early in my undergraduate years at Purdue. I worked at the University feedmill as a student employee. I helped prepare experimental diets that nutrition researchers

used in their projects. As my classroom knowledge grew, I became increasingly intrigued with the questions posed by the researchers. This culminated in me designing and conducting my own project during my senior year. After that experience, I was hooked for life! I also vividly recall taking my first biochemistry class. I was fascinated to study the chemistry of life and recall the sense of enlightenment that inspired me to follow my passion and to pursue graduate studies at Wisconsin where I could deepen my training in Nutritional Biochemistry.

2. When and why did you first join ASN? What convinced you to join the organization?

An important part of research involves sharing your work with peers and colleagues who can be constructively critical and who can challenge you with their own research insights. I found this group of peers within ASN when I became a student member in the mid 1980's. Since then, as a professor and student mentor, it has been a joy for me to introduce new students to the ASN professional network and to see the inspiration they gain from it.

3. What aspects of ASN membership have you found most useful, professionally? What other aspects of your membership do you find useful as your career has progressed?

The easy answer to this is the top-rated collection of nutrition journals that ASN publishes. AJCN, JN, AN & CDN showcase the high-quality science of the ASN membership and the high impact of our flagship journals is in part a reflection of the longstanding leadership of ASN within the global nutrition community. These journals are where nutrition scholarship lives. I've had the distinct pleasure of serving in an editorial capacity for several of these journals and this experience has been extremely valuable to my career. Another value of membership is the opportunity to contribute to the society through various committees, research interest group activities and leadership roles. The society also sponsors many awards which codify career achievements, and I can emphatically say that the respect of one's peers that is afforded by such awards is deeply gratifying. The annual meetings also offer an opportunity to connect with new, current and former colleagues and friends—this fellowship and collegiality can foster life-long relationships that are priceless.

[Read the full interview with Dr. Jack Odle here](#)

Catch Up on the Latest Science From Meetings You Missed!



ASN on Demand

Visit On Demand

If you missed the 2017 ASN Scientific Sessions, or saw something you'd like to see again, you're in luck! EB17 session content and other ASN meetings is available on [ASN on Demand](#). Select presentations from each meeting are available at no charge. Additional content is available for [purchase](#).

If you signed up for ASN on Demand at registration at an ASN conference, your access instructions were sent to you via e-mail. To view the presentations, you may need to add access to your account on ondemand.nutrition.org using the access code sent to you. For assistance email asnondemand@nutrition.org.



ASN NutriLink

JOIN THE NUTRITION CONVERSATION

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Start using ASN NutriLink today

Adjust your email frequency; suggest discussion topics

ASN NutriLink is an online community forum for members. Post discussions, browse resource files, and search for a mentor or mentee - all in one place! It is also **home to over a dozen RIS and Council communities**. ASN NutriLink is the new way for RIS leaders to communicate deadlines, plan events and share other information specific to the group. Use [this guide](#) to adjust your email frequency. Contact the [ASN NutriLink Community Administrator](#) for any questions.

ASN Journal Highlights

The American Journal of Clinical Nutrition (AJCN)

January 2018, 107(1)

Featured Articles:

- Al Khatib HK, Hall WL, Creedon A, Ooi E, Masri T, McGowan L, Harding SV, Darzi J, and Pot GK. **Sleep extension is a feasible lifestyle intervention in free-living adults who are habitually short sleepers: a potential strategy for decreasing intake of free sugars? A randomized controlled pilot study.** *Am J Clin*



Current issue

- Lessan N, Saadane I, Alkaf B, Hambly C, Buckley AJ, Finer N, Speakman JR, and Barakat MT. **The effects of Ramadan fasting on activity and energy expenditure.** *Am J Clin Nutr* Jan 2018.
- Park Y, Dodd KW, Kipnis V, Thompson FE, Potischman N, Schoeller DA, Baer DJ, Midthune D, Troiano RP, Bowles H, and Subar AF. **Comparison of self-reported dietary intakes from the Automated Self-Administered 24-h recall, 4-d food records, and food-frequency questionnaires against recovery biomarkers.** *Am J Clin Nutr* Jan 2018.
 - McCullough ML. **Dietary assessment in the digital age: the ongoing quest for better methods.** *Am J Clin Nutr* Jan 2018.



Current issue

The Journal of Nutrition (JN)

January 2018, 148(1)

Featured Articles:

- Anderson C, Milne GL, Park Y-MP, Sandler DP, Nichols HB. **Dietary glycemic index and glycemic load are positively associated with oxidative stress among premenopausal women.** *J Nutr* Jan 2018.
- Nandi A, Behrman JR, Kinra S, Laxminarayan R. **Early-life nutrition is associated positively with schooling and labor market outcomes and negatively with marriage rates at age 20-25 years: Evidence from the Andhra Pradesh Children and Parents Study (APCAPS) in India.** *J Nutr* Jan 2018.
 - Stein AD. **Commentary: Long-term effects of nutritional supplementation in childhood.** *J Nutr* Jan 2018.
- Jeon S, Ranard KM, Neuringer M, Johnson EE, Renner L, Kuchan MJ, Pereira S, Johnson EJ, Erdman JW. **Lutein is differentially deposited across brain regions following formula or breast feeding of infant rhesus macaques.** *J Nutr* Jan 2018.
 - Traber MG, Dallas DC. **How does breast milk enhance lutein absorption?** *J Nutr* Jan 2018.



Current Issue

Advances in Nutrition (AN)

January/February 2018, 9(1)

Featured Articles:

- Potter M, Vlassopoulos A, and Lehmann U. **Snacking Recommendations Worldwide: A Scoping Review.** *Adv Nutr* Jan 2018.
- George ES, Forsyth A, Itsiopoulos C, Nicoll AJ, Ryan M, Sood S, Roberts AK, and Tierney AC. **Practical Dietary Recommendations for the Prevention and Management of Nonalcoholic Fatty Liver Disease in Adults.** *Adv Nutr* Jan 2018.



Current Issue

Current Developments in Nutrition (CDN)

January 2018, 2(1)

Featured Articles:

- Reznikov EA, Comstock SS, Hoeflinger JL, Wang M, Miller MJ, and Donovan SM. **Dietary Bovine Lactoferrin Reduces Staphylococcus aureus in the Tissues and Modulates the Immune Response in Piglets Systemically Infected with Staphylococcus aureus.** *Curr Dev Nutr* Jan 2018.
- Beaver LM, Löhr CV, Clarke JD, Glasser ST, Watson GW, Wong CP, Zhang Z, Williams DE, Dashwood RH, Shannon J, Thuillier P, and Ho E. **Broccoli sprouts delay prostate cancer formation and decrease prostate cancer severity with a concurrent decrease in HDAC3 protein expression in TRAMP mice.** *Curr Dev Nutr* Jan 2018.

Highlights from Other Journals

- [Association Between Calcium or Vitamin D Supplementation and Fracture Incidence in Community-Dwelling Older Adults](#) [Zhao et al.] *JAMA*.
- [Paying people to lose weight: the effectiveness of financial incentives provided by health insurers for the prevention and management of overweight and obesity – a systematic review](#) [Ananthapavan et al.] *Obes Rev*.
- [Timing of Introduction of Complementary Foods to US Infants, National Health and Nutrition Examination Survey 2009-2014](#) [Barrera et al.] *J Acad Nutr Diet*.
- [Exposure to Chinese famine in early life and the risk of dyslipidemia in adulthood](#) [Xin et al.] *Eur J Nutr*.
- [Hydraulic fracturing and infant health: New evidence from Pennsylvania](#) [Currie et al.] *Sci Adv*.
- [Food allergy](#) [Renz et al.] *Nat Rev Dis Primers*.

Important Dates

Mar 1-3

[International Conference on Nutrition & Growth](#) (Paris, France)

May 3-5

[Canadian Nutrition Society 2018 Annual Conference](#) (Halifax, NS, Canada)

Jun 9-12

[Nutrition 2018](#) - Hynes Convention Center (Boston, MA)
Join ASN for its flagship nutrition-focused annual meeting!

Jul 15-18

[IFT Annual Meeting & Food Expo](#) (Chicago, IL)

Sep 1-4

[ESPEN Congress on Clinical Nutrition & Metabolism](#) (Madrid, Spain)



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