



NUTRITION

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YOUR MONTHLY MEMBER NEWSLETTER

ASN Nutrition Notes
Monthly Member
e-Newsletter

August 2018
Edition

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Nutrition 2018 Highlights

Relive [Nutrition 2018](#) or see what you may have missed as over 3,500 nutrition scientists, global health specialists and public policy experts gathered June 9-12 in Boston!

[Visit ASN on Demand](#)

[Nutrition 2018 Photos](#)

[Poster Gallery](#)

[Nutrition 2018 Daily Post-Edition](#)



ASN on Demand

Nutrition 2018 Now On Demand

If you missed Nutrition 2018, or attended a session you'd like to see again, you're in luck! Session content is now available on [ASN on Demand](#) for purchase. If you signed up for **ASN on Demand** at registration, access instructions were sent to you via e-mail. For help, email asnondemand@nutrition.org.

Call for Session Topics:

Tell us what you'd
like to see at

We are seeking great content ideas for consideration for the official scientific program of [Nutrition 2019](#), June 8-11, in Baltimore, Maryland. **The deadline for session topic submission is September 7, 2018.**

ASN's Scientific Program Committee will modify proposed

Nutrition 2019!

**Submit Your
Ideas**

topics, particularly if multiple submissions on similar topics are received. The final decisions on session topics, focus, presenters, and length is the purview of the Committee.

We thank you for your time and interest in helping us develop a premier scientific program for Nutrition 2019.

Save the Date

DATE AND TIME

06/08/19 6:00am-06/11/19 12:00pm



**Nutrition 2019 – June 8-11, Baltimore
Convention Center, Baltimore, Maryland!**

Thank You Input Received for VISION 2028

Thank you for your loyalty and for your valuable time to those who participated in VISION 2028 and provided input on the future direction of ASN. The VISION 2028 Green Paper is a consultation document for membership and stakeholders of ASN. The results of your input will be incorporated into a White Paper for consideration and adoption by the ASN Board of Directors in October 2018.

[Download the VISION 2028 Green Paper](#)



Association for Nutrition Departments & Programs (ANDP) Fall Meeting

Mark your calendar for the Joint Meeting of the Association of Nutrition Departments & Programs (ANDP) and the Council of Food Science Administrators (CFSA), October 24-26, 2018 at Cornell University, Ithaca, NY:

- Wednesday, October 24 – Association of Nutrition Departments & Programs (ANDP) 12:00 PM - 5:00 PM
- Thursday, October 25 – Joint Meeting: CFSA & ANDP 8:15 AM - 5:00 PM
- Friday, October 26 – Council of Food Science Administrators Meeting (CFSA)

Registration will open soon. Check www.ANDPonline.org for the program, registration and other information.



Policy News

ASN Offers Comments on FDA Nutrition Innovation Strategy

On July 26, the Food and Drug Administration (FDA) hosted a public meeting to [hear comments](#) and give interested parties an opportunity to discuss various features of the FDA's Nutrition Innovation Strategy, which promotes public health through efforts to empower consumers to



make better and more informed decisions about their diets and health, foster the development of healthier food options, and expand the opportunities to use nutrition to reduce morbidity and mortality due to chronic disease.

[ASN provided oral comments](#) at this meeting and participated in the breakout groups that focused on 1. claims, statements, and icons on the label; 2. Nutrition Facts label consumer education campaign; and 3. modernizing standards of identify and ingredient lists. The agenda, remarks from the FDA Commissioner and the Director of CFSAN, and talking points for breakout sessions are available [here](#). There were active discussions in both the plenary and breakout sessions which captured diverse and constructive suggestions from industry, health professionals, consumer groups, and government agencies. Summaries of all discussions and public comments will be available through the [docket](#).

See also: [ASN Prepares DGAC Nominations](#)

See also: [ASN Provides Free Access to Malnutrition Awareness Week Webinars](#)

More Public Affairs News

FDA recently extended the public comment period for the agency's [Nutrition Innovation Strategy](#) by 45 days, **until October 11, 2018**. You may submit comments electronically through the [docket](#). Comments received by mail/hand delivery/courier (for written/paper submissions) will be considered timely if they are postmarked or the delivery service acceptance receipt is on or before that date.

CDN Citations Now Appearing in PubMed

Current Developments in Nutrition (CDN) has been accepted for inclusion in the National Library of Medicine's PubMed Central (PMC). *CDN* articles can now be found in the PMC repository at <https://www.ncbi.nlm.nih.gov/pmc/journals/3465/>. As part of its standard operations, PMC also sends citations to PubMed. Thus, citations and abstracts of *CDN* articles also now appear in PubMed with unique PMIDs.



Visit ASN NutriLink today

NutriLink is the ASN members-only community forum. Post discussions, browse resource files, and search for a mentor - all in one place! It is also **home for all RIS and Council communities**. ASN NutriLink is the official way for RIS leaders to communicate deadlines, plan events and share other information specific to the group. Use [this guide](#) to adjust your email frequency. Contact the [ASN NutriLink Community Administrator](#) with any questions.

Visit ASN NutriLink

ASN Journal Highlights



The American Journal of Clinical Nutrition (AJCN) August 2018, 108(2)

Featured Articles:

- Liu K, Wang B, Zhou R, Lang H, Ran L, Wang J, Li L, Kang C, Zhu X, Zhang Q, Zhu J, Doucette S, Kang JX, Mi M. [Effect of combined use of a low-carbohydrate, high-protein diet with omega-3 polyunsaturated fatty acid supplementation on glycemic control in newly diagnosed type 2 diabetes: a randomized, double-blind, parallel-controlled trial.](#) *Amer J Clin Nutr* 2018 108(2):256-65.
- Gardner C. [Trade-offs in rigor and generalizability in a diet trial of glycemic control in adults with type 2 diabetes using whole foods and dietary supplements.](#) *Amer J Clin Nutr* 2018 108(2):205-6.
- Krishnan S, Adams SH, Allen LH, Laugero KD, Newman JW,

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Stephens CB, Burnett DJ, Witbracht M, Welch LC, Que ES, Keim NL. [A randomized controlled-feeding trial based on the Dietary Guidelines for Americans on cardiometabolic health indexes](#). *Amer J Clin Nutr* 2018 108(2):266-78.

- Rebholz CM, Appel LJ. [Health effects of dietary patterns: critically important but vastly understudied](#). *Amer J Clin Nutr* 2018 108(2):207-8.
- Borkhoff CM, Dai DWH, Jairam JA, Wong PD, Cox KA, Maguire JL, Birken CS, Macarthur C, Parkin PC, TARGet Kids! Collaboration. [Breastfeeding to 12 mo and beyond: nutrition outcomes at 3 to 5 y of age](#). *Amer J Clin Nutr* 2018 108(2):354-62.
 - Martin VM, Kleinman RE. [Long-term effects of breastfeeding: a "healthier" eating index?](#) *Amer J Clin Nutr* 2018 108(2):209-10.



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The Journal of Nutrition (JN)

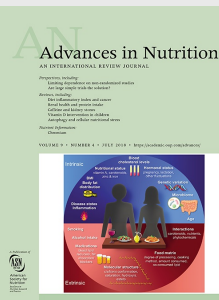
August 2018, 148(8)

Editor's Choice:

- Wiedeman AM, Chau CMY, Grunau RE, McCarthy D, Yurko-Mauro K, Dyer RA, Innis SM, Devlin AM. [Plasma Betaine Is Positively Associated with Developmental Outcomes in Healthy Toddlers at Age 2 Years Who Are Not Meeting the Recommended Adequate Intake for Dietary Choline](#). *J Nutr* 2018 148(8):1309-14.
- Kouchaki E, Afarini M, Abolhassani J, Mirhosseini N, Bahmani F, SA Masoud, Asemi Z. [High-dose \$\omega\$ -3 Fatty Acid Plus Vitamin D3 Supplementation Affects Clinical Symptoms and Metabolic Status of Patients with Multiple Sclerosis: A Randomized Controlled Clinical Trial](#). *J Nutr* 2018 148(8):1380-86.

Featured Articles:

- **Ketogenic diet reduces body fat and circulating insulin in women with ovarian or uterine cancer.** Cohen CW, Fontaine KR, Arend RC, Alvarez RD, Leath CA, III, Huh WK, Bevis KS, Kim KH, Straughn JM, Jr, Gower BA. [A ketogenic diet reduces central obesity and serum insulin in women with ovarian or endometrial cancer](#). *J Nutr* 2018 148(8):1253-60.
- **Coffee may reduce risk of serious kidney disease in older men.** Lew Q-LJ, Jafar TH, Jin A, Yuan J-M, Koh W-P. [Consumption of coffee but not of other caffeine-containing beverages reduces the risk of end-stage renal disease in the Singapore Chinese Health Study](#). *J Nutr* 2018 148(8):1315-22.
- **Study: daily prebiotics may benefit preschoolers.** Reference Lohner S, Jakobik V, Mihályi K, Soldi S, Vasileiadis S, Theis S, Sailer M, Sieland C, Berényi K, Boehm G, Decsi T. [Inulin-type fructan supplementation of 3- to 6-year-old children is associated with higher fecal *Bifidobacterium* concentrations and fewer febrile episodes requiring medical attention](#). *J Nutr* 2018 148(2):1300-08.



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Advances in Nutrition (AN)

July 2018, 9(4)

Featured Articles:

- Perspective authored by [Satiya et al.](#) argues that large randomized controlled trials aren't feasible in nutrition science. Moreover, these larger trials are unlikely to advance nutrition science nor improve nutrition policies. The authors make the case that there is already strong evidence and consensus among nutritional researchers and practitioners about the basic elements of a healthy diet. [Perspective: Are Large, Simple Trials the Solution for Nutrition Research?](#) *Adv Nutr* 2018 9(4):378-87.
- Researching the Dietary Inflammatory Index and site-specific cancers. [Jayedi et al.](#) find, "The results of this scientific review are consistent with previous findings that indicated that a healthier diet, higher diet quality, eating more fruit and vegetables, and having dietary habits consistent with dietary guidelines were significantly and inversely associated with the risk of different cancer types." [Dietary Inflammatory Index and Site-Specific Cancer Risk: A Systematic Review and Dose-Response Meta-Analysis](#). *Adv Nutr* 2018 9(4):388-403.



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Current Developments in Nutrition (CDN)

August 2018, 2(8)

Featured Article:

- “Primates need good nutrition...not only fruits and plants, but insects as well.” —Richard Leakey, Paleoanthropologist; Professor, Stony Brook University and Chair of the Turkana Basin Institute. Mason JB, Black R, Booth SL, Brentano A, Broadbent B, Connolly P, Finley J, Goldin J, Griffin T, Hagen K, Lesnik J, Lewis G, Pan Z, Ramos JM, Ranalli M, Rojas G, Shockley M, Stull VJ, Swietlik D. [Fostering Strategies to Expand the Consumption of Edible Insects: The Value of a Tripartite Coalition between Academia, Industry, and Government](#). *Curr Dev Nutr* 2018 2(8):nzy055.

Explore Publishing with CDN:

- [Now indexed in PubMed Central](#).

Highlights from Other Journals

- [The challenge of feeding the world while conserving half the planet](#) [Mehrabi et al.] *Nat Sustain*.
- [Men and women respond differently to rapid weight loss: Metabolic outcomes of a multi-centre intervention study after a low-energy diet in 2500 overweight, individuals with pre-diabetes \(PREVIEW\)](#) [Christensen et al.] *Diabetes Obes Metab*.
- [Nutritional modulation of the intestinal microbiota; future opportunities for the prevention and treatment of neuroimmune and neuroinflammatory disease](#) [Lombardi et al.] *J Nutr Biochem*.
- [Impacts of forests on children's diet in rural areas across 27 developing countries](#) [Rasolofoson et al.] *Sci Adv*.
- [A Road Map for Sustaining Healthy Eating Behavior](#) [Bleich] *NEJM*.

Important Dates

Sep 1-4

[40th ESPEN Congress on Clinical Nutrition & Metabolism](#) (Madrid, Spain)

Sep 21-26

[1st International Conference on Precision Nutrition & Metabolism in Public Health & Medicine](#) (Crete, Greece)

Sep 24-28

[ASPEN Malnutrition Awareness Week 2018](#) (Webinars)

- Free Webinars when you register using code **MAW-Nutrition**

Sep 26-27

[International Conference on Nutrition, Health & Aging](#) (Frankfurt, Germany)

Sep 30-Oct 3

[12th Congress, International Society of Nutrigenetics/ Nutrigenomics](#) (Winnipeg, MB, Canada)

Oct 2-5

[3rd Annual Conference on Native American Nutrition](#) (Prior Lake, MN)

Oct 20-23

[FNCE 2018: Food & Nutrition Conference & Expo](#) (Washington, DC)

Oct 24-26

[Joint Meeting of the Association of Nutrition Departments & Programs \(ANDP\) and the Council of Food Science Administrators \(CFSA\)](#) (Ithaca, NY)

Nov 11-15

[XVIII Latin-American Congress of Nutrition / Congreso Latinoamericano de Nutrición](#) (Guadalajara, Mexico)

Nov 11-15

[ObesityWeek 2018: TOS Annual Scientific Meeting](#)
(Nashville, TN)

Jun 8-11,
2019

NUTRITION  **2019** (Baltimore, MD)

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