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Mark Your Calendars! Nutrition 2019 Registration and Housing Open January 15

Nutrition 2019 will offer even more value to our attendees with the best, ground-breaking research in nutrition science, affordable registration fees, and even lower hotel rates.

ASN’s Official Hotel block will offer a variety of hotels within walking distance of the Baltimore Convention Center. The hotels offer a range of amenities at rates from $155 to $239 per night. Make plans now to register and book your hotel early for the best rate and selection!

Be sure your membership is up-to-date by the end of the year. You will be prompted to log in with your membership credentials on the Nutrition 2019 website (your membership login is your ASN username and password). Once logged in, you will automatically receive the best available rate that your membership qualifies for.
Beat the Holiday Rush - Submit Your Abstracts to Nutrition 2019 Today!

At ASN headquarters it’s the most wonderful time of the year, as abstracts are coming in daily for Nutrition 2019. Thanks to all who have submitted their research to date!

A few things to keep in mind:

- Students and early career professionals: apply for up to $1,000 in travel support through the Nutrition 2019/FASEB DREAM Mentored Travel Awards. Submit your abstract by January 18 and complete the award application by April 15 to be considered.
- Numerous other travel award opportunities are available.
- With the exception of abstracts submitted for protocols and methods (category 086), all abstracts must include study results. Please note that omission of study results may result in a rejected abstract.
- New this year, abstracts for case studies and clinical vignettes (category 050) are being accepted. These offer a means of disseminating new knowledge gained from clinical practice. It can address an unusual condition, a complication of a known disease, an unusual side effect or adverse response to a mode of treatment, or a new approach to a condition. For instructions, see the Abstract Submission Guidelines and Instructions.
- Accepted abstracts will be published in Current Developments in Nutrition, ASN’s open access journal.
- There is no late-breaking round of submissions. Submit your research by January 18 to present at Nutrition 2019.

Please visit the Nutrition 2019 abstract submission website for more details.

Get ready to share your science at Nutrition 2019 and submit your abstract by January 18, 2019!

When You GIVE BACK to Your Professional Home...

...you support the future of nutrition science and practice. Please consider making an end-of-year donation to the ASN Foundation. Your contribution makes a difference in providing financial awards, scholarships, education, and more. General donations are needed and welcomed; however, two new opportunities for giving have been added for 2018:

Dennis Bier, MD Endowment (NEW for 2018!)
Donations to this new endowment will support the launch of the Dennis Bier, MD Young Career Editor, a new position on the Editorial Board of The American...
that is being created in the coming year to continue to train early career journal editors on the importance of adherence to evidence-based science in the field of nutrition—an important legacy that Dr. Bier has worked diligently to build.

**ASN Foundation’s Young Investigator Pilot Grants Fund (NEW for 2018!)**

Your generous donations will support much needed annual research grants for preliminary or pilot phases of young investigators’ research projects.

Click [here](#) to learn more about these and other ASN Foundation giving options. All donations received [before December 31, 2018](#) are tax deductible to the full extent of the law and can be deducted from your taxes this calendar year.

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**ASN Foundation Predoctoral Fellowships for Students in Nutrition Research**

Applications for the [2019 ASN Foundation Predoctoral Fellowships](#) are currently being accepted. To apply, please complete and submit all application materials by [March 1, 2019](#).

- Eligibility is based upon membership in the ASN and enrollment in a U.S. graduate program in nutrition.
- Grants range from $2,000 to $5,000.
- [Application materials](#) are available online.
- Awards will be presented at Nutrition 2019 in Baltimore, Maryland.
- Contact [Michelle Crispino](#) with any questions.

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**Call for Applications: 2019 ASN Science Policy Fellowships**

ASN is now accepting application packets for the [2019 ASN Science Policy Fellowship](#). ASN will offer 2 Science Policy Fellowships in 2019 for advanced graduate students, early professionals, postdoctoral trainees, or medical interns, residents, or fellows. ASN Science Policy Fellows gain an enhanced perspective on public policy issues related to nutrition, including an expanded understanding of current nutrition policy issues and initiatives.

The deadline to submit [application packets](#) is [Monday, December 17, 2018](#). Please send completed application packets as well as any questions regarding the Fellowship to [sohlhorst@nutrition.org](mailto:sohlhorst@nutrition.org).

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**ASN Health & Policy News**

**Call for ASN Blogger Applications**

Apply today to blog for ASN! ASN is currently accepting applications for the 2019–2020 class of bloggers. Selected bloggers will serve from March 2019–March 2020. Applications are due by [Monday, January 7, 2019](#). Applicants will be notified by March 1, 2019 regarding their application status. Visit the ASN blog to learn about recent styles of writing and read recent entries. Please send any questions to [sohlhorst@nutrition.org](mailto:sohlhorst@nutrition.org).

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**ASN Video Competition! Understanding Nutritional Science**

ASN wants to showcase your video highlighting the importance of nutrition research! Enter the [Understanding Nutritional Science video competition](#) by creating a short video (2 minutes or less) that explains the important nutrition research you conduct and how it benefits public health. Open to ASN members only! Deadline to enter is [Thursday, February 28, 2019](#). Prizes will be awarded! The first place individual/team (of up to 5 individuals) wins one-year membership to ASN and free registration to [Nutrition 2019](#)! Learn more [here](#).

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**2019 Food Policy Impact**

The American Society for Nutrition, Institute of Food Technologists (IFT) DC Section, and IFT Food Laws and Regulations Division will sponsor the 2019 [Food Policy Impact](#) conference in Washington,
DC on February 11‒12, 2019. This meeting provides updates on the latest developments in food and nutrition laws, regulations and policy initiatives.

More ASN Policy News

Implementation Science in CDN

During the past decade, the global nutrition community has highlighted the need for policy makers to receive guidance on implementing evidence-based, large-scale, cost-effective nutrition programs. Finding ways to meet this need is crucial for a country’s ability to protect and improve the nutritional status, health, and well-being of vulnerable populations locally and globally.

For these reasons the editorial leadership of CDN has placed a high priority on publishing quality research studies involving implementation science. The Implementation Science Collection on the CDN website showcases that research.

ASN Foundation Announces New Herbalife Nutrition Scholarship

ASN announced a new partnership with Herbalife Nutrition to award an annual education scholarship to a promising student seeking an advanced degree in nutrition or related field.

We know dietitians are on the front lines of teaching consumers about the principles of healthy eating and, thus, have directed this scholarship program to Registered Dietitians (RD) or those intending to become an RD.

For 2019, applicants must reside in the United States and be accepted/enrolled in a post-baccalaureate MS, PhD, ScD, DCN, DrPH, or clinical health science graduate program.

The first scholarship will be presented at Nutrition 2019, June 8 – 11, 2019 in Baltimore, MD, and the 2019 scholarship recipient will receive a complimentary registration to the meeting.

For more details about the award and to apply, click here.

Nutrition 2018 On Demand

If you missed Nutrition 2018, or attended a session you’d like to see again, you’re in luck! Nutrition 2018 session content is available now on ASN on Demand for purchase.

If you signed up for ASN on Demand at registration, your access instructions were sent to you via e-mail. To view the presentations, you may need to add access to your account on ondemand.nutrition.org using the access code sent to you. For assistance email asnondemand@nutrition.org.

Visit ASN NutriLink today

ASN NutriLink is the ASN members-only community forum. Post discussions, browse resource files, and search for a mentor - all in one place! It is also home for all RIS and Council communities. ASN NutriLink is the official way for RIS leaders to communicate deadlines, plan events and share other information specific to the group. Use this guide to adjust your email frequency. Contact the ASN NutriLink Community Administrator with any questions.
The American Journal of Clinical Nutrition (AJCN)
December 2018, 108(6)

Featured Articles:


- **Increasing intake of whole-grain wheat may help reduce liver fat.** Whole-grain wheat intervention exerts a protective effect against accumulation of fat in the liver. Schutte S, Esser D, Hoevenaars FPM, Hooveld GJEJ, Priebre MG, Vonk RJ, Wopereis S, and Afman LA. *A 12-wk whole-grain wheat intervention protects against hepatic fat: the Graandioos study, a randomized trial in overweight subjects.* Am J Clin Nutr 108:1264–74.

The Journal of Nutrition (JN)
December 2018, 148(12)

Featured Articles:


- **Improved vitamin A status during pregnancy found to boost immunologic protection.** Maternal vitamin A supplementation at the recommended level of intake during pregnancy and infant immune response to influenza vaccines were investigated. Ahmad SM, Alam Md J, Khanam A, Rashid M, Islam S, Kabir Y, Raqib R, Steinhoff MC. *Vitamin A supplementation during pregnancy enhances pandemic H1N1 vaccine response in mothers, but enhancement of transplacental antibody transfer may depend on when mothers are vaccinated during pregnancy.* J Nutr 2018;148:1968–75.


Advances in Nutrition (AN)
November 2018, 9(6)

Featured Articles:

- **Does reductionist nutrition harm more than it helps?** Fardet et al. argue that a reductionist nutrition research, which focuses on...


**Current Developments in Nutrition (CDN)**

December 2018, 2(12)

**Featured Article:**

- Meta-analyses have compared the nutrient content of organic foods to nonorganic foods; however, the impacts of such variations on human nutritional biomarkers still need to be assessed. To fill this research gap, Baudry et al., compared the nutritional status of organic food consumers to that of nonorganic food consumers. The results of the study suggest "that a high consumption of organic foods, compared to very low consumption, modulates, to some extent, the nutritional status of individuals with similar dietary patterns." Further research is needed to evaluate the clinical relevance of such differences. Some Differences in Nutritional Biomarkers Are Detected Between Consumers and Nonconsumers of Organic Foods: Findings from the BioNutriNet Project

**Highlights from Other Journals**

- *AR101 Oral Immunotherapy for Peanut Allergy* [PALISADE Group of Clinical Investigators]. NEJM.
- *Assessment of Risk Factors and Biomarkers Associated With Risk of Cardiovascular Disease Among Women Consuming a Mediterranean Diet* [Ahmad et al.] JAMA Netw Open.
- *Optimising swaps to reduce the salt content of food purchases in a virtual online supermarket: A randomised controlled trial* [Payne Riches et al.] Appetite.
- *Exploring the link between metabolic syndrome and risk of dysmobility syndrome in elderly population* [Chen et al.] PLoS One.

**Important Dates**

- **Jan 8-13, 2019**
  - 2019 ILSI Annual Meeting & Science Symposium
    (Clearwater, FL)
- **Jan 12, 2019**
  - CNS Thematic Conference - Healthy Diets and Weight: Sorting Fact from Fiction (Toronto, ON, Canada)
- **Feb 27-Mar 2, 2019**
  - 4th International Congress Hidden Hunger (Stuttgart, Germany)
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